

"WALK TALL"

What is bullying?

- Taking another child's toys, sweets or clothes e.g. hat or scarf
- Pushing, hitting, kicking or tripping up another child on purpose
- Teasing and name calling
- Not letting another child join in or play as part of a group

What should I do if my child tells me they are being bullied?

- Be calm
- Listen to your child and let them know you believe what they say
- Reassure your child that you take their problem seriously
- Let them know that you and school staff can and will help to sort it out

What should I do if I think my child is bullying other children?

- Be calm
- Talk to your child and listen to their point of view
- Speak to a member of school staff for help in finding out why this might be happening, and support to overcome the situation

What can I expect from the nursery/school?

- Staff will:
- Listen and take your concerns seriously
 - Talk to all families involved
 - Support and help your child in school
 - Let you know what is happening

How can I help my child, what can I do?

- Talk about being kind and gentle
- Give lots of praise and encouragement to help them feel good about themselves
- Practice 'walking tall' and things to say if someone is unkind to them e.g. "I'm playing on the bike now, you can have a go when I've been round the playground one more time" or "I don't like what you are saying and I want you to stop"
- Encourage time for making friends after school e.g. going to the park together or having friends round to play



TOMMY SAYS "WALK TALL"

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A partnership between Sure Start Projects, First Steps Psychological Services,
Stoke-on-Trent Children's Information Service and Burnwood Nursery School